



International Council of Cardiovascular Prevention and Rehabilitation (ICCPR)

BIENNIAL REPORT 2020

Prof. Sherry Grace - Chair

Dr. Aashish Contractor - Vice-Chair

Dr. Gabriela Ghisi - Secretary

Dr. Colin Yeung - Treasurer

Prof. John Buckley - Immediate past-Chair

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Members

There are currently 36 associations and 10 friends of the ICCPR. We are an official member of the WHF and EAPC Global Network (new in 2019)

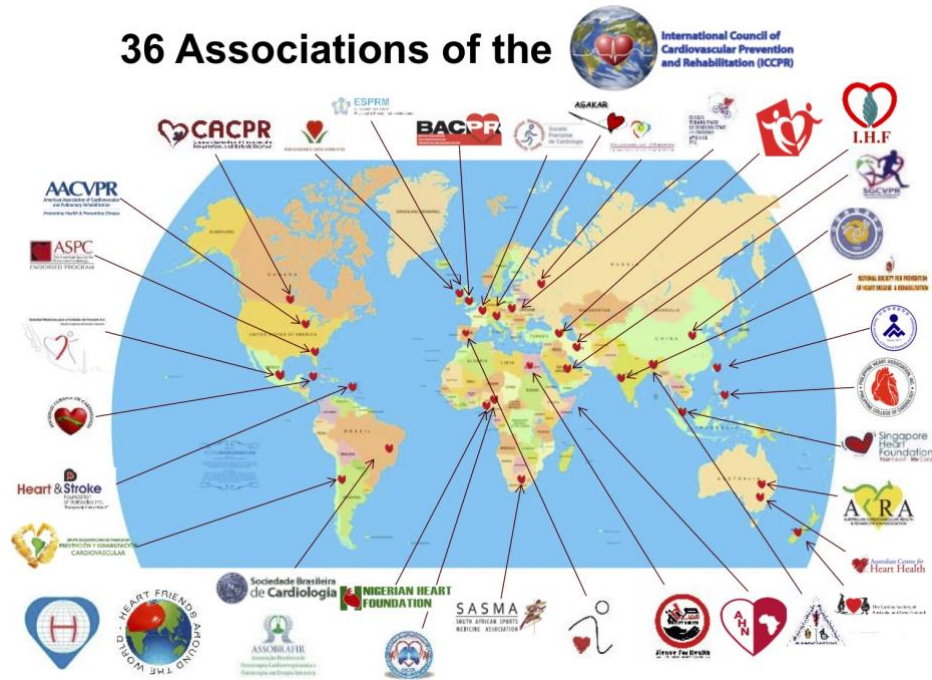


Table 1: List of ICCPR’s Member Associations, their representatives and inception date

	Member Associations	Council Representative	Inception
1	AACVPR (American Association of Cardiovascular and Pulmonary Rehabilitation), US	Anne Gavic-Ott	December 2012
2	ACRA, Australia	Robyn Gallagher	December 2012
3	African Heart Network	Ms. Christelle Crickmore	April 2016
4	ASPC, US	Pam Taub	December 2012
5	ASSOBRAFIR - Brazilian Physiotherapy Society of Cardiorespiratory	Marlus Karsten	April 2015
6	Austrian Working Group on Out-Patient Cardiac Rehabilitation	Josef Niebauer	March 2018
7	BACPR, UK	John Buckley, Susan Dawkes	December 2012
8	Bangladesh PT Association	Jamal Uddin	March 2018
9	Brazilian Grp of CP & Metabolic Rehab; BSC	Artur Herdy	December 2012
10	CACPR, Canada	Sherry Grace (Chair)	December 2012
		Colin Yeung (Treasurer)	February 2015
		Gabriela Ghisi (Secretary)	Fall 2016
11	China Heart Federation / China Association Cardio-pulmonary Prevention and Rehabilitation (CACPR)	Ding Rongjing / Mary Yin	February 2013

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12	Cuban Society CR / Latin American Council for CR Prev & Rehab	Eduardo Rivas-Estany	December 2012
13	Egypt Heart Foundation	Dr Wael Safwat	March 2016
14	Association Francophone de Cardiologie Preventive	Warner Mampuya	March 2014
15	Georgian Association of Cardiovascular Prevention and Rehabilitation	Lela Maskhulia	August 2016
16	Grupo Latinoamericano de Trabajo en Prevencion y Rehabilitacion Cardiaca.	Francisco Jimenez-Lopez	October 2013
17	Heart & Stroke Foundation of Barbados	Fiona Anthony	January 2014
18	Heart Friends Around the World	K. Naveed Siddiqui	May 2014
19	Irish Association of Cardiac Rehabilitation, Ireland	Ruth Harkness	December 2012
20	Iranian Heart Foundation	Nizal Sarrafzadegan	December 2012
21	Mexican Society for Heart Care	Maria Dolores Rius Suárez	July 2014
22	New Zealand Cardiovascular Prevention and Rehabilitation Group (NZCPR)	Rachel Hall	July 2013
23	Nigerian Heart Foundation	Kingsley Akinroye	October 2013
24	Nigeria Cardiopulmonary Physiotherapy Association	Rufus A Adedoyin	October 2018
25	National Society for Prevention of Heart Disease and Rehabilitation (NSPHERE) India	Aashish Contractor	December 2012
26	Philippines Heart Association	Maria Rosan Trani	August 2016

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27	Russian National Medical Society for Preventive Cardiology	Nana Pogossova	December 2013
28	Saudi Heart Association Group for Prevention and Rehabilitation (SGCPR)	Anwar Jelani	December 2012
29	Singapore Heart Foundation	Hung Yong Tay	March 2014
30	SORECAR	Marta Supervia Pola	June 2019
31	South African Sports Medicine	Wayne Derman/ Martin Heine	April 2014
32	Taiwan Academy of Physical Medicine and Rehabilitation	Shao-chen Lee	June 2018
33	The European Society of PRM (ESPRM) - Special Interest Scientific Committee - Persons with Cardiovascular Disease	Milica Lazovic, Marta Supervia Pola	January 2018
34	Working Group On Cardiac Rehabilitation And Exercise Physiology of Polish Cardiac Society	Dominika Szalewska	September 2016
35	World Hypertension League	Dan Lackland	October 2013
36	Australian Centre for Heart Health	Alun Jackson	September 2019

Table 2: List of ICCPR’s Friends, their countries and inception date

	Country	Friends	Inception
1	Tunisia	Boukhris Marouen	March 2018
2	Slovak Republic	Stefan Farsky	March 2018
3	Morocco	Meliani Hafid	March 2018
4	Indonesia	Basuni Radi	March 2018
5	Kuwait	Ahmad Salman	March 2018
6	Brunei Darussalam	Jong Seng Khiong	March 2018
7	Nepal	Sumana Baidya	March 2018
8	Qatar	Karam Adawi	March 2018
9	Curacao	Jacqueline Hol	June 2018
10	Cameroon	Etienne Ngeh Ngeh	September 2019

Key events and achievements 2018-2020

1. Global CR Program Audit & Survey: The ICCPR spearheaded a global audit of cardiac rehabilitation (#globalcardiacrehabaudit) in 2016-2017, involving collaboration of 58 investigators worldwide. Fourteen publications have stemmed from this initiative to date. More information at: <http://globalcardiacrehab.com/global-cr-program-survey/>
2. CR Certification Program: To date, 79 professionals have completed the program around the world (from 12/111 countries with CR) and approximately 1000 physicians in India. More information at: <http://globalcardiacrehab.com/training-opportunities/certification/>
3. Policy Statement on Increasing CR Utilization: in print in IJC and JCRP (open access: https://journals.lww.com/jcrjournal/Abstract/publishahead/Promoting_Patient_Utilization_of_Outpatient.99493.aspx)
 - a. Endorsed by 23 associations / societies
 - b. Corresponding online course for inpatient cardiac care providers on how to encourage their patients to participate in CR: http://learnonthego.ca/Courses/promoting_patient_participation_in_CR/story.html5.html
 - i. so far 89 learners from 17 countries;
 - ii. can earn continuing education credits in US, Canada, Qatar ...
4. Currently ICCPR is collaborating on the development of WHO's Package of Rehabilitation Interventions for IHD:
 - a. ABOUT: <https://www.who.int/rehabilitation/Package-of-rehab-interventions-info-sheet.pdf>
 - b. Methods for IHD: https://journals.sagepub.com/doi/full/10.1177/2047487319878958?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed
 - c. Harmonizing clinical practice guideline recommendations from ICCPR, SIGN & NICE (best evidence);
 - i. will share final product when available
5. ICPRR has secured pilot funding to develop an International Cardiac Rehab Registry (ICRR), feasible for low-resource settings
 - a. In 2020, we will start working on the governance structure and minimum data set. Stay tuned!

Membership and Administration

Since the last report in 2018, ICCPR has grown from 26 to 36 member associations. We developed a new membership category of “friends”, as many champions are living in countries with little CR and no formal associations to join ICCPR. To date, 10 friends have joined ICCPR (Table 1 and Table 2).

ICCPR became an incorporated not-for-profit association last year, in Canada. Our by-laws were formally filed, and our head office is formalized in Toronto.

This meeting represents an opportunity to celebrate our 10 years as an entity! In addition to the milestones achieved in the last 2 years as outlined above, ICCPR members should be reminded of our Charter (endorsed by 15 associations), our Consensus Statement on CR delivery in low-resource settings (endorsed by 10 associations) with corresponding CRFC, and our Advocacy report and publication (http://globalcardiacrehab.com/wp-content/uploads/PUBS-BMCHHealthServRes_CR-Advocacy_2016.pdf).

Recognition of the activities within and between the member associations and their representatives is demonstrated on our website (www.globalcardiacrehab.com), with an exemplary focus on sharing/providing mutual access to examples of good practice, programme and service developments, guidelines and standards, knowledge translation of evidence into practice, advocacy of programmes and educational/training opportunities.

The 23 “promotion of CR utilization” policy statement endorsing associations have been sharing the statement and the associated guideline implementation tool (online course) with their members. It will soon be posted on guideline clearinghouses.

ICCPR is active on twitter, facebook and now is on YouTube!

Twitter: @ICCPR_GlobalCR

Followers: 481

Facebook: <https://www.facebook.com/International-Council-of-Cardiovascular-Prevention-and-Rehabilitation-1280815025396737/>

Followers: 107

YouTube: <https://www.youtube.com/channel/UCiNaKmzi-4qXL-2cmoEIVmQ>

2 videos and 50 views

Executive officers' acceptance of this report

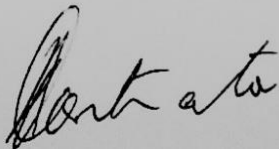
Approval Signatures



April 29, 2020

Dr Sherry L Grace, Chair

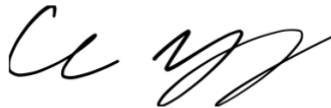
Date



April 30, 2020

Dr Aashish Contractor, Vice-Chair

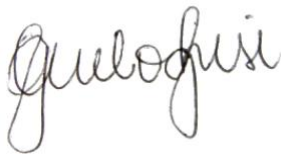
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April 29, 2020

Dr Colin Yeung, Treasurer

Date



April 29, 2020

Dr Gabriela Ghisi, Secretary

Date



April 30, 2020

Dr John Buckley, Immediate Past-Chair

Date