**CONSENSUS STATEMENTS :**

**Philippine Heart Association (PHA) Council of Cardiac Rehabilitation and Sports Cardiology on Cardiac Rehabilitation during the Covid-19 Pandemic**

* Interruption of all elective / out-patient services including cardiac rehabilitation sessions will be Institution-based. All currently enrolled patients should be duly notified of any interruption.
* Only in - hospital phase 1 cardiac rehabilitation non- Covid cases (eg. ACS, post PCI / CABG, heart failure patients) will be enrolled and treated. Sessions should be done with strict compliance of  safety and health protocols.
* Cardiac rehabilitation providers should be on minimum personal protective equipment (eg.. face mask, face shield).
* Encouragement of utilization of tele rehabilitation or virtual platform as an avenue to continue supervised cardiac rehabilitation sessions and patient education for risk factor modification strategies, for those patients whose cardiac rehabilitation sessions were interrupted or those who are unable to come to the Institution.
* Gradual resumption of face to face sessions (hybrid) for discharged Phase 1 patients or interrupted phase 2 patients with strict compliance of safety protocols ( lesser number of patients/ social distancing, face mask, face shields) were allowed once the Institution where the rehabilitation center is located is under general community quarantine (GCQ).

**Sources:**

1. International Council on Cardiovascular Prevention and Rehabilitation (ICCPR) Resources/ Webinar: COVID 10 and Cardiac Rehabilitation May 2020
2. BACPR/BHS/ COVID 19
3. AACVPR COVID 19 Task Force
4. Canadian CV Society Guidance from the CCS COVID 19 Response Team
5. PSMID /Phil Hosp Infection Control Society Guidelines
6. Local Expertise